



David offers us an identity manual in Psalm 139. We can read it from David's perspective and glean so much. But when we personalize Psalm 139, how might it shift the way we see ourselves and how close we invite God into our lives? It can be both comforting and a little frightening when we grasp that God knows us in such an intimate way. Join the *Discover the Word* team as we walk through Psalm 139 together.



THIS WEEK'S DISCUSSION QUESTIONS

- Read Psalm 139:1–6. How does David express that God knows us completely? What do Jeremiah 1:5 and Hebrews 4:13 add to your understanding?
- In Psalm 139:7–12, David says that God is always with us. How does this reality affect the way you live?
- Read Psalm 139:13–16. Name some ways in which you are wonderfully made by God.
- Do you believe that God has perfectly planned your life? How does Psalm 139:16 tell you this is true?
- Read Psalm 139:17–24. What does God desire from us in response to His love?



CHALLENGE

In what areas of your life are you living out God's love? In what areas might you be hiding from His love? Read Psalm 139 again, this time using your name in place of every "me." How does personalizing this psalm affect you in your relationship with God?



COMMIT TO MEMORY

"You have searched me, LORD, and you know me"
(Psalm 139:1 NIV).



PRAYER

Dear God, thank You for knowing me, being with me, wonderfully making me, and perfectly planning my life. Help me to express my grateful dependence on You in all my days and in all I do. In Jesus's name, Amen.