**SUMMARY** | Do you ever think about the significant role of food in your life? God knew its importance and purpose for us. Food is mentioned throughout the Bible as a form of celebration, adoration, and even sacrifice. The psalmist even suggests that we can "taste and see that the Lord is good."

Author Margaret Feinberg joins Discover the Word to lead us on a journey through the Bible and around the world as we consider the important role that food plays in the redemption story.

**This Week’s Discussion Questions**

1. Psalm 34:8 invites us to "taste and see that the Lord is good." What comes to mind when you think about the correlation between God and food?

2. How does the fact that food shows up so much in the Bible impact our approach to the Scriptures? How can we take our blessing of food and use it to God’s glory?


4. How does the spiritual food of Scripture nourish you like physical food?
Challenge

Most of us probably pray before we eat. But before your next meal, take a few extra moments to reflect on Psalm 34:8 so you can “taste and see.” Through these two sensory expressions, God invites you to become more attentive to Him and His love for you.

Commit To Memory

“Taste and see that the Lord is good”.

Psalm 34:8

Prayer

Thank You, God, for good food that points us to You. Help us this week to taste and see that You are good, and help us to see the reminders of Your love for us even in the food we eat.

Amen.
SUMMARY | In part 1 of the “Taste and See” discussion with Margaret Feinberg, we enjoyed an overview of food in the Bible by exploring how God uses it to represent important concepts of our faith. In part 2, we’ll take an in-depth look at Jesus’ relationship with people as they gathered together around the dinner table. Jesus spent a lot of time eating with people, and used food as a picture of what it means to be transformed by the love of God. Why is it so significant that Jesus ate meals with saints and sinners?

This Week’s Discussion Questions

1. What is the “scarcity mindset”? How do we struggle with this mindset? What does it mean to know God as your Provider?

2. Why is it significant that Jesus calls us “the salt of the earth” (Matthew 5:13–20)? What does it mean to be “salt and light”?

3. Read Exodus 16:4. What was God trying to communicate to the Israelites when He provided manna in the desert?

4. In John 6:35, Jesus says He is the “bread of life.” Why does He use that term to refer to Himself?

5. Review Luke 24:13–35. On the road to Emmaus, the two men do not recognize Jesus for a while. What event helps them see who Jesus is? Why do you think this story is included in the Bible?
Challenge

The process of preparing and sharing a meal is a great way to bring people together. What are some of your favorite memories that involve a meal? Why are these memories special to you? The next time you sit down to a meal with family or friends, pray a prayer of thanksgiving for God’s provision of food and community.

Commit To Memory

“Then Jesus declared, ‘I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty’.”

John 6:35

Prayer

Help me, Lord, to be salt and light in this broken world. Help me to represent the amazing good news of Your love for all people so that it tastes good and isn’t bitter or spoiled. And help me to lean on You as my provider and to trust You to take care of all my needs.

Amen.