



# MAN *of* SORROWS

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**SUMMARY** | The poet Henry Wadsworth Longfellow said, “If we could read the secret history of our enemies, we should find in each man’s life sorrow and suffering enough to disarm all hostility.” What does it look like to embrace the suffering and sorrow of others? When Jesus came into this broken world, He embraced our sorrows and made them His own.

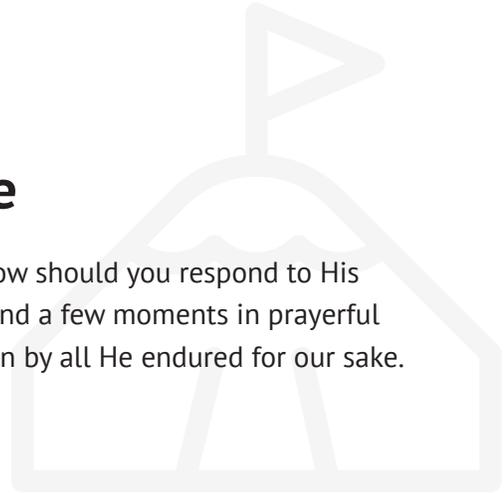
This week on Discover the Word, explore the gospels to discover how Jesus, the “Man of Sorrows,” experienced sorrow, difficulty, and a troubled heart, and see how He can comfort us in our heartaches.

## This Week’s Discussion Questions

1. Read Isaiah 53:3–4. What strikes you about the various ways that Isaiah prophetically describes Jesus? What are some ways those descriptors are seen in the gospels?
2. In John 11, Jesus travels to the gravesite of His dear friend Lazarus. How does He react to the scene of mourning and grief? How does He participate in that grief?
3. Consider the garden of Gethsemane in Matthew 26:38–39 and Mark 14:32–36. How does the writer describe Jesus’ emotions? How does Jesus Himself describe them?
4. On the cross, Jesus so fully embraced our sins and our struggles that He felt abandoned by even His Father (Matthew 27:32–50; Mark 15:21–37). How does Jesus’ experience speak into our times of aloneness and grief?

## Challenge

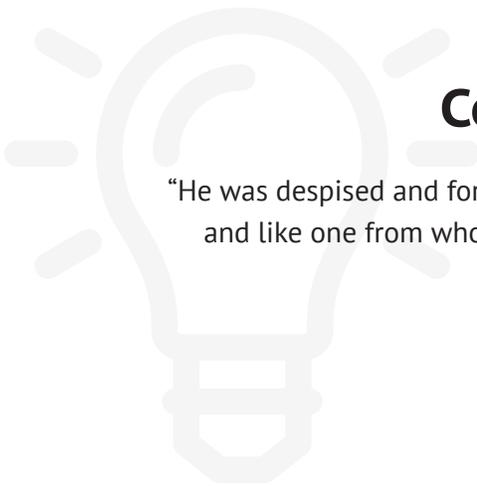
As you consider Jesus as the Man of Sorrows, how should you respond to His willingness to endure all He suffered for us? Spend a few moments in prayerful gratitude for the Savior's love—a love that is proven by all He endured for our sake.



## Commit To Memory

“He was despised and forsaken of men, a man of sorrows and acquainted with grief; and like one from whom men hide their face He was despised, and we did not esteem Him”

Isaiah 53:3 NASB



## Prayer

Dear Father, in a world filled with sorrow, grief, and pain, I am so thankful that Jesus is not aloof or indifferent to that pain. I'm thankful that He willingly experienced the darkest things of life as an expression of His love for me. Help me to live in that love today, no matter what I may face. Amen.

