



# THE LAND BETWEEN

**SUMMARY** | Pastor and author Jeff Manion joins *Discover the Word* and observes that life is full of unwanted transitions, where life is not as it once was and where the future is uncertain and so life is likely not as it will be. He calls it the “Land Between.” But, he also says, these times of change provide your greatest opportunity for spiritual growth. Explore the biblical story of the Israelites journey through the Sinai desert as a metaphor for our being in an undesired, transitional space—“the Land Between”—and discover ways to see God and recognize His provision in life’s difficult transitions.

## This Week’s Discussion Questions

1. Describe a time (perhaps it is now) when you lived in transition—what Jeff Manion calls the “Land Between.” What brought you there? Are you still there?
2. In what ways have you complained about God’s provision? Did this complaint ever reflect bitter resentment against God?
3. How have you personally experienced God’s provision in both big and small ways? How has this response affected your relationship with Him?
4. Good discipline often inflicts pain in order to rescue something. How might God be using pain to rescue you? How has God’s discipline in the past prepared you for challenges you faced later on?
5. How have your experiences in the “Land Between” shaped you into the person you are now? How does your personal knowledge of God’s provision for you in the past give you confidence as you face an uncertain future?

## Challenge

In conversation number 3 of the series, Jeff talked about an experiment in which he ate only one food item for four straight days (a chocolate chip power bar). We challenge you to choose one food and do the same. Eat only that one thing at breakfast/lunch/dinner for four days. Journal your progress. Did you struggle with dissatisfaction and complaining? Did that help you understand Israel's complaining about manna? Has a "spirit of complaining" taken over any other area of God's provision for you?

## Commit To Memory

"And God said [to Moses], I will be with you".

Exodus 3:12 NIV

## Prayer

Loving Father, I recognize that You never promised I would have a life free from difficult times. But right now I feel mired in a "land between" and am having a tough time seeing how I'll get through. Please give me an awareness that You are with me and that you may be helping me in unexpected ways.

Amen.

