



WHEN CRISIS *strikes*

SUMMARY | What is a “crisis”? One dictionary says that a crisis is any event that leads to an unstable and dangerous situation affecting an individual, group, community, or whole society. In [Psalm 34](#), the psalmist (David) teaches—through his experience—about living confidently by faith in seasons of crisis. Join us as we explore David’s response to crises this week on Discover the Word.

This Week’s Discussion Questions

1. Have you ever been in a situation where you felt trapped and couldn’t find a way out, and then experienced a profound sense of rescue? When rescue arrived, what were your emotions?
2. Read the superscription to [Psalm 34](#). How does David describe the crisis he was facing, and how does he describe his rescue in [Psalm 34:4](#)? Compare that to the account of those events in [1 Samuel 21:10–22:1](#). What strikes you about those different accounts? How can the two accounts work together to tell the whole story?
3. [Psalm 34:11](#) calls us to consider the fear of the Lord. How is this kind of fear different from the terrors and fears of life? What benefits do we find in fearing the Lord in this way?
4. In [Psalm 34](#), David describes the way God rescued him in a threatening situation. In [verse 20](#), however, he points forward (prophetically) to God’s ultimate provision of rescue for us in Jesus. How is that rescue seen? Where do we see that aspect of Christ’s suffering in the events of the cross as recorded in the gospels?

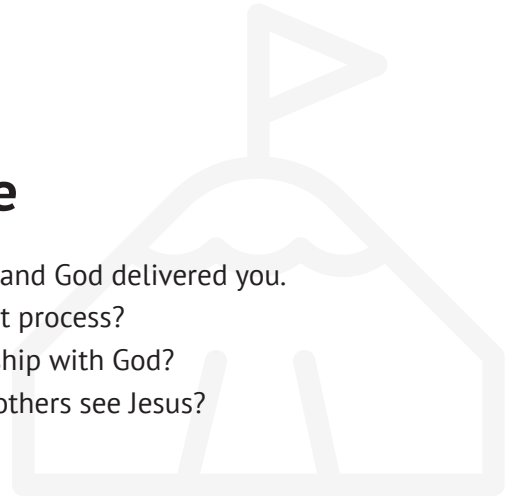
Challenge

Journal about a time you were in a crisis and God delivered you.

What did you learn from that process?

How did it impact your relationship with God?

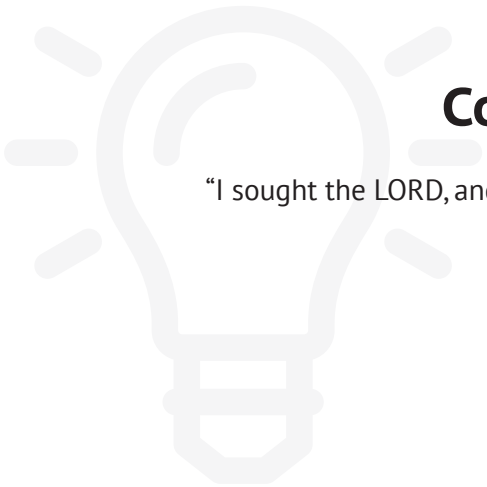
And how can the experience help others see Jesus?



Commit To Memory

“I sought the LORD, and He answered me, and delivered me from all my fears.”

Psalms 34:4 NASB



Prayer

Mighty God, sometimes it feels like my life is consumed with moving from one crisis to another. Help me, in life's most threatening moments, to see You as the One who is able to help and rescue me, and enable me to rest in Your gracious care.

Amen.

