



# WHAT IS WORSHIP?

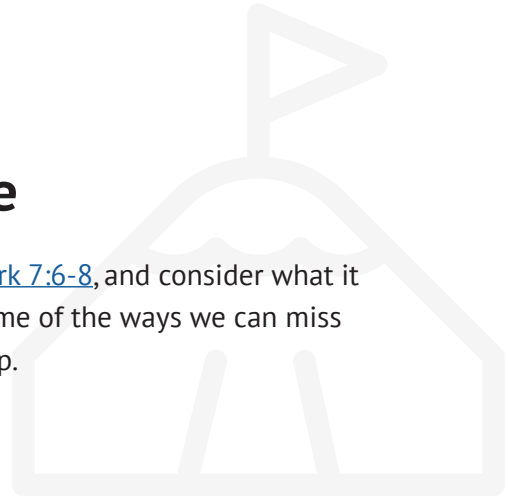
**SUMMARY** | Worship is a word we throw around a lot, but it's actually a pretty abstract idea. It's difficult to define and it's difficult to get our minds around. For this study, we want to engage with this mysterious, almost mystical idea called worship. Specifically, we want to ask the question: how would Jesus define worship?

## This Week's Discussion Questions

1. How does worship connect us with God? ([Read John 4:21-24](#))
2. Is worship tied to a specific location? Or can it happen anywhere? ([Read John 4:21-24](#))
3. Is worship a style of music or is it bigger than that?
4. How does worship help us answer the question, "Who am I?" ([Read Exodus 3:11-12](#))
5. What does it mean to honor God in worship? ([Read Psalm 29](#))
6. Is it possible to worship in vain? Why or why not? ([Read Matthew 15:7-9](#))
7. What does it mean that "worship is life"? ([Read Romans 12:1-2](#))

## Challenge

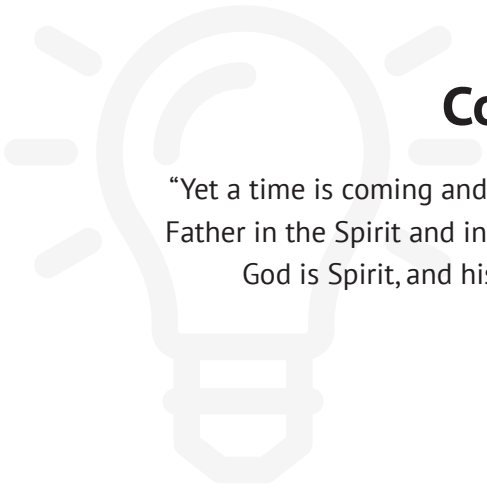
[Read Isaiah 29:13-16; Matthew 15:7-9; and Mark 7:6-8](#), and consider what it means to worship God in vain. Write down some of the ways we can miss the heart of worship.



## Commit To Memory

“Yet a time is coming and has now come when the true worshipers will worship the Father in the Spirit and in truth, for they are the kind of worshipers the Father seeks. God is Spirit, and his worshipers must worship in the Spirit and in truth.”

[John 4:23-24](#)



## Prayer

Lord, You invite us to worship You in Spirit and in Truth. Help us to connect with You throughout this week, and find our identity in You as our Father. Help us not to worship You in vain, but to discover what it means to be both loved by You and to love others. Amen.

